



For People on the GROW!

40 DAYS OF CONSECRATION

"Trust"

FEBRUARY 14TH - MARCH 28TH



CLICK THE QR CODE FOR LENTEN BROCHURE

A WORD FROM OUR PASTOR

Holy Consecration is a 40-day period (excluding Sundays) of prayer and fasting that begins on Ash Wednesday, February 14th, and ends on Thursday, March 28, 2024.

This is a time for reflection on the spiritual disciplines of obedience, self-examination, meditation on the Word of God, and self-denial that we might draw closer to the Lord.

During this season, each member is asked to commit to the following:

- ◆ Each week engage in the following:
 1. Prayer Focus (*See Itinerary*)
 2. Read Scripture (*See Itinerary*)
 3. Three Actions To Do (*See Itinerary*)
- ◆ Choose one thing to abstain from throughout the Lenten Season
- ◆ Designate a 12-hour block of time each week to fast to the Lord
- ◆ Join our weekly prayer call on Wednesdays at 7:00AM

301-715-8592 ~ Meeting ID: 890 6126 8885 ~ Passcode: 781902

- ◆ ***Please consult your physician before making any major dietary changes***

It is my fervent prayer that this season of consecration will lead us to deeper depths and higher heights in the Lord!

Please email your individual prayer request to:

PrayerRequest@mtennon.org



WEEKLY ACTIVITIES

Week 1: Trust God With Your HEALTH

1. Fast
2. Exercise/get up and move
3. Get a medical checkup

Week 2: Trust God With Your FINANCES

1. Express gratitude to God
2. Develop a budget; work on your budget
3. Prepare your legacy: life insurance; will, reduce debt, property, portfolio, trust, etc.

Week 3: Trust God In The Area of GENEROSITY

1. Be a generous giver
2. Bless someone through your resources
3. Give to a specific cause

Week 4: Trust God With Your RELATIONSHIPS

1. Be Present: spend quality time with someone you have not in a while
2. Pray: pray with someone you are close with
3. Give Grace: work on reconciling with someone you have issue with

Week 5: Trust God In Your SERVICE

1. Determine your spiritual gifts and how you might best serve
2. Avail yourself: consider how you might adjust your calendar to allow space to serve
3. Volunteer for a cause/outreach effort that benefits others

Week 6: Trust God With Your STORY

1. Reflect on how God has blessed you
2. Share with someone a special way God has blessed you
(consider doing a video testimony; email mystory@mtennon.org)
3. Invite someone to attend/watch worship service with you

Week 7: Enhance Your FAITH

1. Consider what areas of your life you have not given God access to
2. Meditate on scripture
3. Believe God for something specific you are seeking Him for

SCRIPTURE ITINERARY

Join us for the *40 Days of TRUST*. We will focus on drawing closer to God through this period of Holy Consecration. Take a moment each day to meditate, read scripture and pray according to the week's focus.

Week 1: Trust God With Your HEALTH

- Wednesday, February 14th
 - Romans 12.1-2
- Thursday, February 15th
 - 1 Corinthians 6.19-20
- Friday, February 16th
 - Romans 6.12-13
- Saturday, February 17th
 - 2 Chronicles 7.13-14

Week 2: Trust God With Your FINANCES

- Monday, February 19th
 - 1 Chronicles 29:10-13
- Tuesday, February 20th
 - Philippians 4.11-13
- Wednesday, February 21st
 - Proverbs 21.5
- Thursday, February 22nd
 - Matthew 6.19-21
- Friday, February 23rd
 - Deuteronomy 8.17-18

- Saturday, February 24th
 - Philippians 4.19-20

Week 3: Trust God In The Area Of GENEROSITY

- Monday, February 26th
 - 1 Timothy 6.17-19
- Tuesday, February 27th
 - Luke 6.38
- Wednesday, February 28th
 - 2 Corinthians 9.6-8
- Thursday, February 29th
 - Malachi 3.10-12
- Friday, March 1st
 - Proverbs 3.9-10
- Saturday, March 2nd
 - Acts 20.35

Week 4: Trust God With Your RELATIONSHIPS

- Monday, March 4th
 - Ephesians 6.1-4
- Tuesday, March 5th
 - Colossians 3.12-17
- Wednesday, March 6th
 - Matthew 18.15-20
- Thursday, March 7th
 - Hebrews 10.23-25
- Friday, March 8th
 - Ecclesiastes 4.9-12

- Saturday, March 9th
 - 1 Peter 4.8-11

Week 5: Trust God With Your SERVICE

- Monday, March 11th
 - Luke 9.23
- Tuesday, March 12th
 - Psalm 90.17
- Wednesday, March 13th
 - Philippians 1.6
- Thursday, March 14th
 - Colossians 3.23-24
- Friday, March 15th
 - 1 Corinthians 15.58
- Saturday, March 16th
 - John 13.12-17

Week 6: Trust God With Your STORY

- Monday, March 18th
 - Psalm 71.15-18
- Tuesday, March 19th
 - Acts 1.8
- Wednesday, March 20th
 - Luke 8.34-39
- Thursday, March 21st
 - Matthew 5.13-16
- Friday, March 22nd
 - Colossians 4.5-6

- Saturday, March 23rd
 - Matthew 28.18-20

Week 7: Trust God With Your FAITH

- Monday, March 25th
 - Hebrews 11
- Tuesday, March 26th
 - Mark 11.22-24
- Wednesday, March 27th
 - Ephesians 2.8-10
- Thursday, March 28th
 - Romans 10.17

Submit Prayer Requests

Via email ~ PrayerRequest@mtennon.org

Online ~ mtennon.org

Select Stay Connected and the Prayer Request button at the top of the page

Prayer Resources ~ Books

Dangerous Prayers ~ Craig Groeschel

A Hunger For the Holy ~ Calvin Miller

The Daniel Plan ~ Rick Warren

The 40-Day Soul Fast ~ Cindy Trimm

The 40-Day Surrender Fast ~ Celeste Owens

Prayers That Avail Much ~ Germaine Copeland

Becoming A Prayer Warrior ~ Elizabeth Alves

Prayer of Petition ~ Jerry Savelle

Prevailing Prayers of the Bible ~ Kimberly Ray

A Praying Life ~ Paul Miller

Fasting For Spiritual Breakthrough ~ Elmore Towns

Show Me the Way: Daily Lenten Readings ~ Henry J.M. Nouwen

Celebration of Discipline ~ Richard Foster

Discerning the Voice of God ~ Priscilla Shirer

WATCH US LIVE!

SUNDAYS:

8:45AM & 11:00AM



WEDNESDAYS:

Morning Bible Study @10:00AM

Evening Bible Study @7:00PM